

Culture inextricably entwined with nature: the importance of cultural environmental values and relationships to human wellbeing



**“Culture and nature” - Mini-symposium 6.  
Michelle Cocks and Susi Vetter**

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Handwritten text on a staff held by the man on the far left.

Handwritten text on a white scarf worn by the man on the far left, including the word "MULA".

adidas  
gun run  
beat the noon day

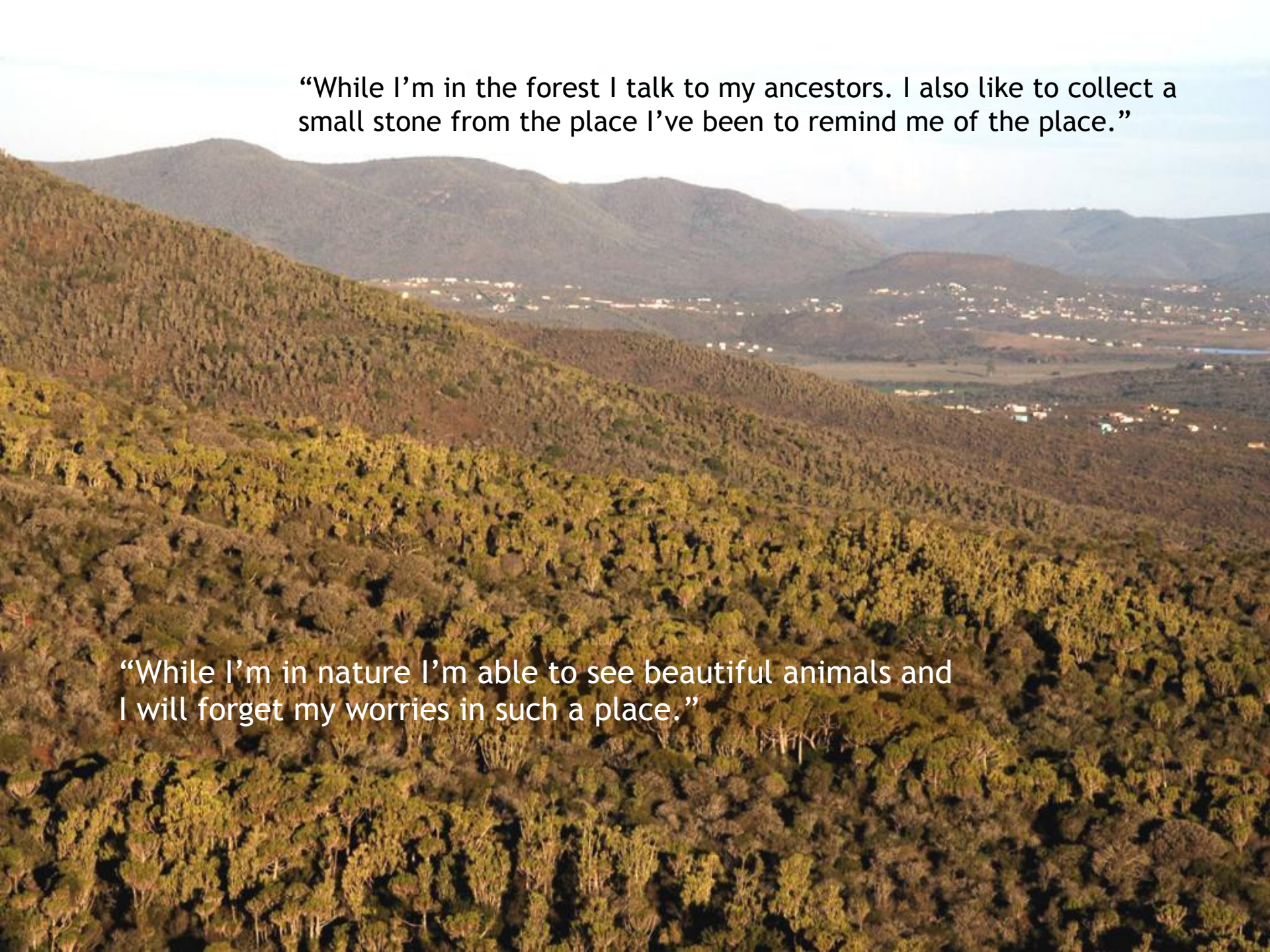
Handwritten text on a grey fringed jacket worn by the man in the center-right.

Handwritten text on a grey jacket worn by the man on the far right.








An aerial photograph showing a vast, dense forest covering a large hillside. The forest is a mix of green and brownish-green, suggesting a tropical or subtropical environment. In the background, a valley with scattered buildings and a small lake is visible, followed by a range of rolling mountains under a clear sky.

“While I’m in the forest I talk to my ancestors. I also like to collect a small stone from the place I’ve been to remind me of the place.”

“While I’m in nature I’m able to see beautiful animals and I will forget my worries in such a place.”





“Sometimes I walk with my dog or hunt in the forest  
or I just sit in a quiet place to forget my worries.”

“I go to the forest to collect wood and get away from my troubles;  
I like the fresh air.  
It makes me feel happy.  
When I’ve returned from the forest I feel I have received a blessing.”





“The best time for me in the forest is early in the morning, especially after it has rained in the night”.

“When I breathe the forest air and I take in the smell of the flowers and medicines (*amayeza*) I feel good. My troubles seem insignificant”.

“The spirit of the forest bestows one with health (*impilo*)”.



































































